









From the Rector

Rev Nick Wills

I hope you enjoyed the recent spell of lovely sunshine. Whether the weather will continue, or that was our summer, is anybody's guess! It was especially glorious at Crichton, where the choir sang, Sue preached, and I led the service of Holy Communion for Ascension, and where we were greeted by swooping swifts as the sun set.

Earlier in May we were represented at the Diocesan Big Day at St Mary's Cathedral by Maria, who promoted our defibrillator project and Janice's First Aid courses. There was much interest in these initiatives, and we hope that other churches from across the Diocese take up Janice's offer of free First Aid training. The Big Day brought together people from right across the Diocese of Edinburgh, celebrating the blessings we have received and bestowed. Maria has written about the day on p. 8.

If you, or someone you know, would like to join Janice's nationally certificated First Aid Courses look out for details in the weekly email or contact Janice for the dates of the next course. (See p.13.)

Maria was one of several students who we have said goodbye to over recent weeks, as they complete their degrees and move on (or in Sophie's News & Views

June 2025

St Peter's Lutton Place

Edinburgh SC017358

The Scottish Episcopal Church

The Rt Revd John Armes Bishop, Diocese of Edinburgh

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Sheila and Laura work flexibly part-time. Messages may be left on the office answer machine, but please note it may be a few days before it is heard or dealt with. Webpage;

https://stpetersedinburgh.org/

case head off for a study year to the kind of places we have only seen on TV programmes like Race Across the World!) Most recently we bid our farewells to Christian A, who has contributed an enormous amount to our church in his time in Edinburgh studying for his Vet qualifications. Christian has welcomed to services, served on our Vestry, cooked burgers at student welcome events, and helped to manhandle the Christmas tree! Thank you, Christian!

I enjoyed leading the May Process service, which included reflections and a liturgy inspired by my sabbatical in New Zealand. I was sorry to miss my slot

to speak to the Monday Group about my sabbatical, due to illness, but hope we will be able to reschedule.

After the first two 10.45am services in June, there are Cake Stall Fundraisers in the hall with coffee. Organised by June and Angus, a former chorister at St Peter's, proceeds will assist the UK charity Dig Deep (Africa) to continue technical partnerships for ongoing water and sanitation engineering, helping to transform lives in schools, community facilities and homes. (See p. 12.) I'm sure we will all enjoy some delicious treats too!

I'm delighted that Rev Ruth Green is starting a new Bible Study group on Tuesday 3rd June, 7pm. More information about this is on the next page.

I would like to thank the anonymous donor for the gift of a set of Bibles for use by these Bible study meetings and for the congregation to use during our services. It is a generous and wonderful gift, enabling this new group to flourish. Thank you!

On 8th June it is Pentecost and as is our tradition, please wear red if you are able. We have an extra special Pentecost Process service, too. From 6.30pm we will be meeting around our Fire Bowl in the garden (weather permitting) and sharing songs in different languages representing members of St Peter's and remembering the first Pentecost. There will be international snacks baked in the fire, plus marshmallows of course!

Pentecost is, of course, followed by Trinity Sunday on 15th June, and we have our Evensong on 22nd June at 6.30pm - but please note that there won't be an Evensong in July.

At the end of the month we will be celebrating St Peter's Day on Sunday 29th June. After the 10.45am service, we will enjoy a picnic in the Meadows as we did last year (see p. 5).

I hope to write next month with details of some new initiatives, some of which I hope will help us to engage more fully with our local community, and others which will give opportunities for members of our church to grow in our relationships with God and each other. The new Bible Study Group is the first of these developments which will, I hope, help us to grow into a new and exciting chapter of the story of St Peter's Church.

Your Rector,

Nick

Bible Study Group

Rev Ruth Green

We are starting a Bible Study Group at St Peter's. This will be at 7pm on Tuesday evenings, starting on 3rd June in the choir vestry. We will begin by reading the apostle Paul's letter to the Philippians together.



If we see ourselves in biblical stories and texts, we engage the Bible as a living text. It helps us to be genuinely transformed

Christians, not just people having academic answers. The aim is to read and learn together, relating Paul's teaching to our own inner experience.

Scripture tells us of the teaching and experience of a group of people who lived in the past in a very different setting from our own. We can then take note of the thoughts of people who have interpreted the writings of the Biblical authors. Then we come with our community experience, bringing our meaning.

Scripture is about a process of transformation, finding out who we are and how we can be more loving and self-aware. Reading the Bible together around a table gives a renewed sense of astonishment about God's love. Just relying on our own personal experience is too limiting, we need all the help we can get to learn and grow spiritually together.

No prior learning is required, just an enthusiasm to engage with the text, bringing our fervour for the writing together with our questions and doubts.

We have had a very generous donation of Bibles so that we can share the same words as we engage with the text. These are in the 2024 British Text version of the NRSV updated edition (NRSVue) 2021.

St Peter's Day

This year our Patronal Festival is on the actual day, Sunday 29th June, and on that morning our services will be celebrating St Peter. As last year, after the 10.45am service we will be having a congregational 'bring-you-own' picnic in the Meadows, with optional games.

If it is wet, it will be in the hall. Please bring your own picnic, or carry-out food can be bought nearby after the service. We hope many will join in!

Process

Our next service is at 6.30pm Sunday 8th June.

Celebrating the coming of the Holy Spirit on Pentecost Sunday, our creative evening service will include a fire pit (weather permitting!), and singing songs in different languages.

We will also be welcoming back Rev Fee Reynolds, the Diocesan Youth Officer, who is taking young people from the Diocese on a monthly visit to different churches to experience a variety of styles of worship.

From 6.30pm – 7.30pm, usually on the 2nd Sunday of the month, we gather in the Hall. The service lasts about an hour, and refreshments are shared afterwards.

Updated information is given in our Saturday emails and online: https://stpetersedinburgh.org/process

Children's Church

We always welcome children to our services.

At all services, children are very welcome to use and enjoy the activity and colouring-in station set up at the back of church, in the Children's Corner.

During the 10.45am Sunday service, for children who would like to join in, there are fun activities based on the day's Bible theme in the church hall. Organised by Becky, our Children and Young People's Worker, a group of volunteers help her to run the activities. Children and their leaders usually leave during the Gloria and return to the service in time for Communion.

If you have any questions, please speak to a Welcomer or to Becky before the service. Or you can email becky@stpetersedinburgh.org any time.

Young Adults & Students

We warmly welcome new students and young adults, and any students or young adults who want further details are invited to join our student and young adult email lists and hear about their activities. For more details speak to Becky or Nick, or email becky@stpetersedinburgh.org

Youth Events in Edinburgh Diocese

On **21**st **June**, St Michael and All Saints, Tollcross, is holding an afternoon of Youth Prayer in the presence of the Blessed Sacrament, to give young people 12-18 the



chance to try a way of praying that's been part of Christian life for centuries. There will also be games, conversation, and food.

2025 Provincial Youth Week ('Yeek') 27th **July – 2**nd **August** (18 & under) Booking is now open for this summer's Provincial Youth Week. Held in Glenalmond College, Perthshire, all information is at <u>yeek.scot</u>.

To register for either of these, and the 6-monthly youth newsletter, see: Youth and Children Newsletter | Diocese of Edinburgh (anglican.org)

To read about other Diocesan events, and to sign up to receive emails, see https://edinburgh.anglican.org/category/adventures-in-faith/

For information about Diocesan events, including youth ones, please contact Rev Fiona Reynolds, The Diocesan Advisor for Christian Life. Email: freynolds@dioceseofedinburgh.org or phone 0131 346 9089.

Toddler Group

During term time, our Toddler Group runs from 9.30am–11.30am on Mondays and Thursdays. It is for those aged 0-3. All children must be accompanied by an adult, who is responsible for their own child/children at all times. Donation £1 per family and tea/coffee and snacks are provided.



Our international groups are very welcoming and friendly, with families from all over the world! If you would like to attend or have any questions, please email Becky via becky@stpetersedinburgh.org.

The final sessions for the Toddler Group before the summer holidays are on Monday 23rd and Thursday 26th June.

BIG Day, 2025 Edinburgh Diocese

Saturday 10th May in St Mary's Cathedral.

By Maria

I had the pleasure of representing St Peter's at the Diocesan Big Day where we were invited to share the blessings that each Church has received. I shared our many blessings, including the Choir, Children's Church, Young People's and Students' Groups, Process service, friendly atmosphere at coffee after Sunday services, and the use of our Church Hall by many local groups.

In particular I focussed on the fantastic First Aid courses that have been organised and led by Dr Janice Allister, which I recently attended, and her involvement with procuring a Defibrillator in our Church garden. This was met with a lot of interest from members across the Diocese and many were keen to join the First Aid courses in the future and invest in their own Defibrillator projects.

The day also included worship, a reflection led by Bishop John, and an interactive session on how to be better listeners led by the University Chaplain Harriet Harris. Each Church left with a candle lit from the Easter Candle at the Cathedral. I really enjoyed being part of such a positive proclamation of all the blessings we have within the Diocese.

St Peter's Book Club

The Book Club always welcomes new members to discuss a wide range of titles. It meets in the Choir Vestry and one can just turn up to discuss the chosen book. The group usually meets on the last Wednesday of the month at 7pm. The next meeting is on 25th June.



Books being discussed;

25th June *Saturday* by Ian McKeown 30th July *I, Julian* by Claire Gilbert

For more information about the Book Club, please contact the office, or see https://stpetersedinburgh.org/book-club

Organ Scholarship

By Rupert, Director of Music

The Organ Scholarship at St Peter's provides an opportunity for aspiring organists to transfer their pianistic skills to play the organ better, to learn how to lead congregational hymn singing and accompany the choir, together with singing choral music as well as basic conducting technique. The scholarship covers the cost of regular organ lessons with our organist Sheila, during which the scholar learns these skills.



For the past eleven years the scholarship has been generously funded by volunteers from within the congregation. Our current organ scholar, Christian Wong, has expressed a desire to continue as organ scholar for the coming academic year, and Sheila, Nick and I are all very supportive of this idea. We are now looking for one or more members of the congregation who would be willing to help fund the scholarship for the coming year.

If you would be interested in helping to financially support the music at St Peter's in this way and to enable the continued training of future organists, please get in touch with me either by speaking with me directly following a morning service, or by emailing me via office@stpetersedinburgh.org.

Giving to St Peter's

For information on how you can help to support God's mission and ministry in St Peter's through giving, or to update your tax status, please contact:

Hon. Treasurer Laura <u>development@stpetersedinburgh.org</u>

Magazine Articles

Please email or submit your articles and photographs to Sheila, office@stpetersedinburgh.org

Thank you!

The DEADLINE for the July / August issue is **Thursday 19th June**

Vestry Update, May 2025

By Janice, Vestry Secretary

The Vestry had a special meeting on 29th April and met on the 21st May, in the Choir Vestry.

The Lent course and our Holy Week and Easter services were much appreciated, as were the children's activities before Easter, including an Easter egg hunt and a time with Becky in church for everyone there to remember Jesus on the cross and rising again for us. Theodore Dubois's "Seven Last Words of Christ" sung by the choir on Good Friday evening was specially mentioned.

The special meeting in April was a time for connecting with other members of the Vestry and to consider a compilation of statements from new members of the church concerning what brought each of them to the church and what made them stay. It was humbling to read of the welcome they felt and their appreciation of aspects of the services including the balance of the ministry team and the children's work. Another such meeting is planned for later in the year after elections to the Vestry at the Annual Church Meeting.

Leading on from the special day, Nick presented the outline of a Strategy of Connection and Engagement for us to consider further. We should think about our call to serve the needs of the local community in ways that are not being met whilst remaining true to ourselves and our values. This is for further discussion.

On to mundane business, we hope that the work on the dry rot will commence soon, although we are awaiting the results of a further application for a grant. Nevertheless, one condition of a previous offer is that work commences before September. We hope that the outside painting of the windows at the Rectory can be completed before the end of June. The Millar chapel could be used more, especially in the week. It was proposed and agreed to obtain estimates for underfloor heating and a renewal of the floor. We also envisaged a live audio and TV connection to church to enable families with distracting very small children to continue to be part of the Sunday services.

There was a further update from our treasurer, Laura, it being the end of the financial year. The Finance committee have met and will continue to look in detail at our income and expenditure. Our budget this year is just short of balancing thanks to several legacies and continued faithful giving.

Please continue to pray for us all.

Chair: Nick Wills; Clergy: Sue, Donald (away for this meeting), Ruth G (all non-voting); Elected members: Janice (secretary), Chris A, Chris H, Liz M, Jacob, Christine R, Jan S, Roddy, Janet; Staff: Laura (Hon treasurer, non-voting)

Music Notes

By Rupert, Director of Music







Choral Evensong

Choral Evensong is usually held on the last Sunday of the month, and our next two are at 6.30pm on 22nd June and 31st August. There will be no Evensong in July.

Do you enjoy singing?

Choral music lies at the heart of the worshipping life of our church, and we sing a wide variety of Anglican repertoire. We would love you to join our fourpart choir!

Choir rehearsals are held on a Thursday night, and new members are always welcome, particularly in the lower voices. Experience in choral singing and sight-reading is an advantage though not essential. One can come along on any Thursday evening, or speak to Rupert after a morning service.

The choir continue to sing for Sunday services throughout the summer, but our final Thursday rehearsal before the summer is on Thursday 26th June. We then resume again on Thursday 28th August.

Thursday / Sunday rehearsal times

Voice for Life (Optional for Junior Choristers) 6.15pm-7pm.

Junior Choir (aged 8-18): 7pm-8pm.

Adults (aged 17+) join at 7.45pm until about 9.30pm.

Sundays 10am for 10.45am service; Evensong; 5.30pm for 6.30pm service.

Email Rupert, our Director of Music or Sheila the Organist via office@stpetersedinburgh.org

Monday Group

By Liz P.

On Monday 12th May we held our annual lunch at the Elginhaugh Farm Restaurant, Lasswade Road. We were very pleased to have Nick, our Rector as our guest. Twelve of us sat down to a splendid meal; a good time was had by all. (See the photo on the front inside cover.) We would recommend this restaurant: good food and good value. As it happens, I was recently treated to lunch out at a restaurant in the city centre (I can't name it in print but if anyone asks me I can tell them) and their two-course lunch was not as good as the Elginhaugh and twice the price.

We will meet again in the autumn on Monday 15th September at 2.30pm in the meeting room at the back of the stage and thereafter on the third Monday of the month. This will be a social get-together with entertainment of some kind to be decided. All welcome, men and women of any age.

For further information about the Monday Group you can contact Jane or Liz P by emailing office@stpetersedinburgh.org

Cake Stall Fundraisers Sundays 1st and 8th June

By June

A fundraising table top cake sale is being held on Sundays 1st and 8th June, in the hall after the 10.45am Sunday services. The delicious offerings will include vegan and gluten-free treats. This fundraiser is being organised by Angus, a former chorister at St Peter's, together with myself, to support water and sanitation infrastructure work in east Africa. Home baking donations are most welcome.

Cake sale proceeds will assist the UK charity Dig Deep (Africa) to continue ongoing water and sanitation projects in schools, community facilities and homes, and help to transform the lives of those affected. The World Health Organisation (WHO) estimates that every £1 spent on sanitation has a return of £5.50 from increased productivity and lower health care costs.

An alternative way to support this important work is via a donation to Angus's crowdfunding page: https://www.justgiving.com/crowdfunding/angus-gibson

Thank you!

First Aid Courses

Look out in the weekly email and on the webpage for future dates of the practical first aid courses in Resuscitation and Basic First Aid which Janice Allister runs with excellent feedback. For initial training or upgrading first aid skills, to date 23 people have done it. The aim is that all are confident in an emergency.





For more information, email <u>Janice</u> or see our webpage https://stpetersedinburgh.org/first-aid-training

Comments about courses have included:

a real confidence boost; accessible, interesting and fun; comfortable atmosphere conducive to sharing and supporting each other;

clear instructions and demonstrations; using mannequins was very helpful; able to ask questions and practise things without feeling judged.

Helping Those in Need

Newington FoodBank⁺

The donations that keep appearing in the box at the back of church each week are all greatly appreciated! Very



helpful items include coffee, sugar, biscuits, breakfast cereal, cooking oil, shampoo/shower gel, washing-up liquid and soap powder.

Fresh Start

Fresh Start is always in need of various household donations. If you would like to help, please pick up a leaflet at the back of the church, or see their webpage: https://www.freshstartweb.org.uk/



Ukraine and Middle East Crisis Appeals

Christian Aid offers assistance to Ukraine refugees

https://www.christianaid.org.uk/appeals/emergencies/ukraine-crisis-appeal

Disasters Emergency Committee (DEC)

https://www.dec.org.uk/appeal/ukraine-humanitarian-appeal

Christian Aid Middle East Crisis Appeal

https://www.christianaid.org.uk/appeals/emergencies/middle-east-crisis-appeal

Eco-Matters

Wild gardens by Anna

Two years ago we decided to use one of our flower beds for wildflowers. We love watching them re-emerge at this time of year, and to show little Emily the bees and butterflies that visit. The colours are fantastic, and their soothing sway in the breeze. It'll probably be another couple of weeks until they're at their best. Admittedly the bed can look a bit messy at other times of year, but it's well worth it for our enjoyment - passers-by love them - and the insects!

Christine B. adds:

It's really encouraging that major horticultural organisations like the RHS are constantly pushing the message to rethink our perceptions of weeds and pests. Watching the Chelsea Flower Show in May, I only heard the word 'weed' once, and the word 'pest' not at all. Slugs and aphids may go for our treasures, but we can minimise damage; and there is much more tolerance and recognition that we need them in the food chain. Most garden designers were passionate in promoting wildlife-friendly features, and wildflowers were everywhere. What a change from the past.

Walking Group

If you would like to receive Walking Group emails with information about forthcoming and last-minute walks, please speak to Janet H or email Sheila via the office.



Bishop Donald Allister's Bible Teaching Videos

Each Monday, Donald uploads a new Bible teaching video to his YouTube channel: https://www.youtube.com/@feedmysheep2023 These are free to view, and it is fine to pass the link on to anyone who might be interested.

Donald's current series of 15 half-hour talks on Hebrews will continue right through the summer until the end of August. This is a hugely important but sadly neglected New Testament letter, putting the whole gospel message into its Old Testament context; and teaching us to read the Old Testament, and to appropriate its promises, as Christians.

Dates for the Diary

Services

Sundays • 9am • Holy Communion • Traditional language, no music and sometimes no sermon.

Sundays ◆ 10.45am ◆ Holy Communion ◆ Modern language, with choir and congregational singing.

2nd Sunday of the month (usually) • 6.30pm • Process

Last Sunday of the month (usually) • 6.30pm • Choral Evensong

1st Thursday of the month • 11am • Holy Communion • Traditional language, no music and usually no sermon.

Regular Activities

Mondays & Thursdays • 9.30am-11.30am • Toddler Group (term-time)
Thursdays (in Church.):

6.15pm, Voice for Life • 7pm-8pm, Junior Choir • 7.45pm, Adult Choir

Tuesdays (in Choir Vestry) ◆ 7pm ◆ Bible Study Group

Last Wednesday of the month (usually) • 7pm • St Peter's Book Club

Events in June

Sun 1st Cake sale ◆ after 10.45am service

Tue 3rd Bible Study Group ◆ 7pm

Thu 5th Monthly Thursday Communion ◆ 11am

Sun 8th Cake sale ◆ after 10.45am service

Sun 8th Process ◆ 6.30pm

Tue 10th Bible Study Group ◆ 7pm

Tue 17th Bible Study Group ◆ 7pm

Thu 19th July/Aug Magazine deadline

Sun 22nd Choral Evensong ◆ 6.30pm

Mon 23rd Final Mon Toddler session before summer ◆ 9.30am-11.30am

Tue 24th Bible Study Group ◆ 7pm

Wed 25th St Peter's Book Club ◆ 7pm

Thu 26th Final Thur Toddler session before summer ◆ 9.30am-11.30am

Thu 26th Final V4L session and choir rehearsal before the summer

Sun 29th St Peter's Day, with a congregational picnic following the 10.45am service.

Tue 1st July Bible Study Group ◆ 7pm

Thu 3rd July Monthly Thursday Communion ◆ 11am

Sunday Readings

*The passages being read

June 2025

Sunday 1st June Seventh Sunday of Easter

1 Kings 8: 22-23, 41-43 • Psalm 96: 1-9 • *Galatians 1: 1-12 • *Luke 7: 1-10

Sunday 8th June Day of Pentecost

*Acts 2: 1-21 • Psalm 104: 24-34, 35b • Romans 8: 14-17 •

*John 14: 8-17, 25-27

Sunday 15th June Trinity Sunday

Proverbs 8: 1-4, 22-31 ◆ Psalm 8 ◆ *Romans 5: 1-5 ◆ *John 16: 12-15

Sunday 22nd June Second Sunday of Trinity

Isaiah 65: 1-9 ◆ Psalm 22: 18-27 ◆ *Galatians 3: 23-29 ◆ *Luke 8: 26-39

Sunday 22nd June Choral Evensong First Sunday after Trinity

1 Samuel 24: 1-17 + Luke 14: 12-24 + Psalm 49

Sunday 29th June & Thursday 3rd July St Peter's Day

Ezekiel 3: 4-11 • Psalm 125 • *1 Peter 2: 19-25 • *Matthew 16: 13-19

Sunday 6th July Fourth Sunday of Trinity

*Isaiah 66: 10-14 • Psalm 66: 1-8 • Galatians 6: 1-16 • *Luke 10: 1-11,16-20

Weekly email to keep in touch

About 3pm each Saturday an email with the weekly notices, together with the Sunday readings, Collect and Year's Mind is sent to our congregational members.

If you attend services but do not already receive these emails and would like to keep in touch, please fill in a GDPR form, available at the back of the church, and give it to Sheila, a Welcomer, or hand it into the office.

Clergy

Contact details for our Clergy are on page 18.

Rector Rev Nick Wills

Associate Clergy Rev Sue Whitehouse Bishop Donald Allister Rev Ruth Green



Nick Sue





Donald Ruth



Nick and all the Associate Clergy Team are very happy to spend time with members of St Peter's who have concerns or are facing difficult situations.

Please feel able to speak to any of them to arrange a time to talk. We are grateful for their willingness to minister in this way.

If you, or someone you know, have not received Communion because you/they have been unable to come to Church, then members of our Clergy and Lay Pastoral Team would be happy to bring you Communion at home. Please let Sue, Donald or Ruth know if you hear of a member of St Peter's who is ill.

The Office

There are currently no set office hours with Laura and Sheila working flexibly part-time, sometimes from home.

Laura Amongst several jobs, Laura covers finances, building maintenance and hall bookings.

> If you would like to book the hall please email Laura: development@stpetersedinburgh.org

Sheila is the Church Administrator. She deals with anything concerning



church matters and supporting the Clergy Team. She works 20 hours a week, usually working on Monday and Tuesday, and Thursday and Sunday mornings. Church emails are usually attended to on Mondays and Tuesdays: 10am-4pm, and Thursdays 10am-1pm. The rest of her hours are taken up with other tasks. Sheila's email: office@stpetersedinburgh.org

Contacts

Clergy and Staff

Rector Rev Nick Wills

Associate Clergy Rev Sue Whitehouse

Bishop Donald Allister

Rev Ruth Green

Children's & Young People's Worker Becky

becky@stpetersedinburgh.org

Hall Bookings / Development Laura

development@stpetersedinburgh.org

Administrator / Magazine Sheila <u>office@stpetersedinburgh.org</u>

Church Office Sheila or Laura 0131 563 8198

(Please note, messages left on the office answer machine may take a few

days before they are heard and dealt with.)

Director of Music Rupert

Organist & Voice for Life Sheila office@stpetersedinburgh.org

Church Officers

Vestry Secretary Janice

Treasurer Laura <u>development@stpetersedinburgh.org</u>

Lay Representative Jan

Alternate Lay Representative Roddy

Finance Convenor Ralph Works Convenor Liz M

Connect Becky <u>becky@stpetersedinburgh.org</u>

Sacristan Liz M Fire Warden Pam

Church Organisations and Groups

Servers' Guild Bill
Monday Group Jane
Thursday Lunch Club (1st Thursday) Delia

All of the above can be contacted by emailing office@stpetersedinburgh.org

Some photos of the defibrillator Maria took to show at the Big Day (see p. 8) (If someone is not breathing, always phone 999 and follow the instructions given.)





Inside the defibrillator pack.



Eagle Lectern

The four living creatures of Revelation 4: 7 were associated with the four gospel writers as early as St Irenaeus (125-204 AD), with the eagle seen as representing St John from the first. At this time, the eagle was thought to be the bird that flew the highest, and for this reason, together with its keen vision, it was seen as a messenger of God, symbolising vision, strength, and divine inspiration. The ball on which it stands signifies the world, with the eagle spreading the word of God around the world.

Soaring upwards, it later came to represent Christ's Resurrection and Ascension.

